



**Kemnay Local Learning Community Partnership (LLCP) Online Meeting  
Tuesday 19<sup>th</sup> April 2022**

**Attending**

Lynsey Coutts, Active Schools  
Pamela Farquhar, Kinellar Primary School  
Frances Leiper, Area Public Health Co-ordinator (Central)  
Rob Mackay, Positive Steps Kemnay  
Michael Riley, Senior CLD Worker, Community Development  
Caroline Smith, Community Planning Officer  
Nicola Stuart, Depute Head, Kemnay Academy  
Jen Sutherland, Educational Psychology  
Sue Wainman, Greener Kemnay, Kemnay Community Council, Kemnay Futures  
Susan Weetman, Admin Support Assistant, Kemnay CLD  
Gregory Welsh, Community Sports Hub Officer, Live Life Aberdeenshire

**Apologies**

Margaret Bennett, Early Years  
Jackie Coroon, Library Service  
Di Faithful, Gypsy / Traveller Liaison Officer  
Grampian Opportunities  
Alison Sutherland, Aberdeenshire Council Ranger Service

**Welcome and Introductions**

Michael welcomed everyone and introduced himself as the recently appointed Kemnay LLCP Chair. He works for the Community Development Team within CLD and is based in Westhill although he covers the whole of the Garioch area.

**Matters Arising from the Last Meeting**

There were no matters arising that were not already included in this agenda. The last minute was approved as being a true reflection of the meeting.

**LLCP Update**

Although there are currently 16 LLCPs in Aberdeenshire there is a proposal in the pipeline to potentially move to fewer partnerships covering a larger area. If this happens Kemnay would likely be within a Garioch partnership. The main reasons for this are duplication of effort, as some

partners attend a number of LLCs, and CLD staff shortages due to recent voluntary severance. There was concern expressed that this would result in the dilution of representation, particularly as each area has different characteristics. Michael assured members there would be a consultation period and that, if it did go ahead, there may be opportunities for local subgroups.

## **Partners' Updates**

### **Community Planning**

Caroline gave an overview of Community Planning and explained that they work with other partners in the community, both statutory and local, and are steered by a Community Plan which sets the priorities and identifies gaps in services and provision. The plan is currently under review and will take into account recent events such as the pandemic and impacts of the storms. A Strategic Needs Assessment has just been completed for the Inverurie Network Area which will be published on the Our Aberdeenshire website but Caroline will also forward a copy to Susan for circulation. There will be specific information on Kemnay's needs produced later in the year. The information is usually produced by analysts based on statistical data for the area but it is checked to ensure that it is still relevant through consultation with groups and individuals within the community. Kemnay Community Council can provide the links required and Rob also suggested gaining access to over 50s' and young mothers' groups through Positive Steps Kemnay.

### **Public Health**

Frances has been in post for a year and reported that Public Health are now starting to do the sort of work which would have been expected pre-Covid. One of the main projects is the Aberdeenshire Health & Wellbeing Festival which is running from 9<sup>th</sup> to 15<sup>th</sup> May, with a theme of loneliness, and will be a mix of in person and online events, although less online than last year. Many partners are involved, including some schools, and events will include health walks, meditation sessions, reading sessions, tai chi etc.

Another project, HENRY – Healthy Eating & Nutrition for the Really Young, focuses on parenting skills and involves a set of reading books. Training is given to provide the specific techniques to deliver the HENRY programme e.g. to health visitors.

Grampian NHS also offers training to deliver Confidence to Cook programmes whilst Kooth and Togetherall are online resources focussing on good mental health and wellbeing.

Anyone interested in more information can contact Caroline.

### **Positive Steps Kemnay**

Positive Steps Kemnay is a local charity, run by volunteers, promoting health walks to people of all ages and looking at local path development. They currently support 5 walking groups including an over 50s group and a buggy group. The groups are very successful with more than 20 walkers often taking part. Walking is currently restricted due to the recent storms and avian flu outbreak. They are hoping to help provide first aid training to the young mothers in their buggy group and are looking for someone to provide it. Michael may have a contact so will pass it on via Susan. They work closely with Paths for All, the national walking organisation. They also support a Strength and Balance Group which is recommended to prevent falls and this has only just restarted. They have been considering organising a session on healthy eating so Rob will contact Frances about this. Rob

said that they are disappointed there have been no referrals to their groups but are hoping that link staff will soon facilitate this. Caroline said that a new Health & Social Care LOIP focussing on Healthy Eating, Active Lives, is currently under development and she will feed Rob's comment back. If she gets more information she will pass it to Rob through Susan. Frances said that link staff are already in place and she will get contact details to pass on. Sue commented that Kemnay GPs have recently changed so it would be a good idea to make links with the new staff.

### **Kemnay Community Council**

Kemnay CC is providing more benches through the Phoenix project funding so people have more places to stop and chat.

### **Greener Kemnay**

Anyone is welcome to meet in the Birley Bush garden at any time and can also join the work sessions which are held once per month.

### **Kemnay Academy**

The Academy have many projects on the go including:

- Working with the Wood Foundation to link in with local businesses which have included mock interviews for S5s and S6s out of which 2 pupils have been offered work experience and the opportunity of an apprenticeship.
- Roaming Art Project with work currently on show at Kemnay Golf Club.
- Leadership Academy – involving 20 S2 and S3 pupils. Working with The Square in Kintore.
- First Aid courses
- Christmas food bank drive and present donations for local Social Work.
- Give it a Grow Project - funding has been secured through CLD for a greenhouse. Pupil support workers will be running the sessions. Sue offered any spare tools or equipment from Birley Bush and said they are welcome to come and see what they can find.

Frances mentioned that the Garioch Community Kitchen is running an accredited course for young people in conjunction with Meldrum House which may be of interest to pupils. This course may be full but there may be others in the future.

Study leave starts on 26<sup>th</sup> April with the exams starting on 28<sup>th</sup> April. The timetable will change on 7<sup>th</sup> June and the P7s will attend for their transition days between 22<sup>nd</sup> and 24<sup>th</sup> June.

### **CLD**

Most of Michael's time is currently spent supporting the 3 ADP (Alcohol and Drugs Partnership) Community Forums and their associated recovery groups, and in particular the South Forum as they are still trying to appoint a CLD worker to this post. A recovery group, Garioch Connects, is now meeting fortnightly in Kemnay and a food hygiene course was recently organised by the same group at the Garioch Community Kitchen. He recently attended a Medication, Recovery & Me meeting in Inverurie, a support group for those taking medication to help with their addiction, which was very well attended. One recent issue was that during the storms some pharmacies had to close and people were unable to access their medication. The Forums had been meeting online but are now back to face-to-face meetings although they are now also trying to stream these online to enable more people to attend. The Central Forum meeting is taking place next Wednesday 27<sup>th</sup>

April at the Kemnay Church Centre from 12.30 pm and anyone is welcome to attend although service staff are requested to remove any name badges, to encourage a community atmosphere.

Michael also works closely with Port Elphinstone Community House, helping to arrange community activities and was working with Connecting Scotland to get devices out across Aberdeenshire since the start of the pandemic.

CLD will also be assessing the new Ukrainian refugees for ESOL (English for Speakers of other Languages) classes. There are currently around 100 visas waiting to be approved.

Additionally, Michael is a volunteer Cardiac Responder, which is overseen by the Scottish Ambulance Service. An app on his phone alerts him to where a responder is needed and the nearest responder attends, ideally within 10 minutes. Sue said there are 8 defibrillators in Kemnay but no responders. Kemnay Community Council has a fund to replace the pads and batteries on the defibrillators. Michael said he will check if there are any local responders next time he is in the Kemnay area. If anyone wants more information on the scheme they can contact Michael.

### **Active Schools**

Lynsey works with Kemnay Academy and the 5 feeder primary schools within the area, providing physical opportunities outwith school. They are almost back to normal now, with parents and pupils looking for opportunities again. Covid recovery funding was used to organise free Easter activities, similar to what was run last Summer and October, which were well attended.

### **Kinellar Primary School**

Pamela represents the primary schools in the Kemnay cluster and is also part of the Inverurie cluster as pupils can attend either Kemnay or Inverurie Academy. Health and wellbeing is currently a priority and they are working closely with Active Schools and the Educational Psychology Service. They are also promoting the restorative justice approach and focussing on thinking skills through Making Thinking Visible (MTV) which uses different formats to encourage healthy thinking. Other initiatives include Decider Skills, which has been rolled out the last 18 months, and buggy fitness groups. Unfortunately, outdoor learning activities have been affected by the recent storms.

### **Educational Psychology**

The service has been working from home since the start of the pandemic. They have been working online with staff on problem solving but are hoping to start getting into schools more, although sometimes more people are able to attend online sessions. Issues which have emerged from the pandemic include anxiety around leaving the home, friendships, speech and language development and social development, particularly with the 0-5 age group.

### **Aberdeenshire Ranger Service**

Although Alison was unable to attend the meeting she provided the following update -

The Ranger Service has recently launched two exciting and informative online resources - Biodiversity Education Pack and Tree Planting and Aftercare which can be found on the following link - <https://aberdeenshire.sharepoint.com/sites/BiodiversityEducationPack>.

The Bennachie area has been badly affected with the storms in late 2021 and early 2022 which has meant that the Bennachie trails and car parks have been closed and some may stay closed for a while yet to allow the windblown trees to be removed. All being well the Bennachie Visitor Centre should be opening mid-April. For Ranger Service events and events at the Bennachie Visitor Centre over the next few months keep an eye on <https://www.eventbrite.co.uk/o/aberdeenshire-council-ranger-service> and also [www.bennachievisitorcentre.org.uk](http://www.bennachievisitorcentre.org.uk)

### **Action Points**

**Caroline to forward Inverurie Strategic Needs Assessment to Susan for circulation.**

**Michael to forward First Aid contact for Susan to pass to Positive Steps Kemnay.**

**Frances to pass on contact information for link staff.**

**Michael to check Cardiac Responders in the Kemnay area.**

### **Community Sports Hubs**

Funding from Sportscotland is being used to develop Community Sports Hubs by bringing together sports clubs and local partners. There are 12 hubs although the Garioch one has currently fallen away but will hopefully be restarted in the near future. There is currently a successful one in Westhill, which is run as a charitable organisation. The Hubs aim to change lives through the sporting approach, with links to other issues such as mental health, the environment and transport. Greg works to link and support groups within a community, and can help smaller communities to work together. He can help with training gaps and specific projects e.g. he is currently working with CLD on a project in Peterhead. A Kit for All initiative helps collect unwanted kit and redistribute it to families in need. Other projects include working with older adults and disability and inclusion work. The funding is for a 4-year period and is about to be renewed.

### **Kemnay Kit**

The Kemnay Kit project was created by pupils at Kemnay Academy to provide a school store of essential items which could be accessed confidentially by anyone for free. The Aberdeenshire Pupil Participation Forum had been discussing the Cost of the School Day and the pupils decided to do something to help. The store is stocked with basic stationery and toiletry items which have been donated by staff, parents and local businesses. They are looking for more donations so that they can expand what's on offer. Cfine and Abernecessities were suggested as possible resources and Frances will send the contact details for the Coop Pioneers project and NHS Childsmile to Nicola.

### **Actions Points**

**Frances to send contact details for donations to Nicola**

### **AOB**

Kemnay LLC members' contact details can not be shared as a whole as they include some personal contacts however information can be sent to Susan for passing on.

### **Date and Time of Next Meeting**

Tuesday 28<sup>th</sup> June at 2 pm, Kintore Primary School, Community Wing